

Get out and Go! Bingo

CROSS OUT ANY 5 ACTIVITIES IN A ROW WHILE WALKING OR BIKING FOR A PRIZE!

STOP AT A STOP SIGN	WALK OR BIKE TO A PARK	WALK OR BIKE FOR 30+ MINS.	TAKE A PIC OF YOUR FAVORITE PLANT	TAKE A PIC OF AN ANIMAL
CROSS AT A CROSS-WALK	USE A BIKE RACK	WEAR YOUR SCHOOL'S COLORS	DECORATE YOUR HELMET OR BIKE	VISIT A LOCAL BIKE SHOP
WAVE TO 3+ OTHER WALKERS/BIKERS	WALK ON A SIDEWALK	FREE SPACE	WALK OR BIKE OVER A BRIDGE	WALK/BIKE 3+ DAYS IN A ROW
WEAR SAFETY GEAR (HELMET, BRIGHT CLOTHING)	BIKE IN A BIKE LANE	TRY A NEW WALKING OR BIKING ROUTE	JOURNAL ABOUT YOUR WALK OR RIDE	CHECK YOUR TIRE PRESSURE & BREAKS
INVITE A FRIEND OR FAMILY MEMBER	TAKE A SELFIE ON YOUR FAVORITE ROUTE	WALK/BIKE TO A BODY OF WATER	WALK/BIKE ON A TRAIL	WALK/BIKE TWICE IN 1 DAY

**SEND PHOTOS AND COMPLETED BINGO SHEETS TO
JORDAN GRIMALDI AT
JGRIMALDI@WALKSACRAMENTO.ORG**

